

THE HEART OF THE PROMISE

Students will be open-minded:

- demonstrate willingness to change one's mind based on new information and perspectives
- consider others' opinions rather than judge

Students will be collaborative:

- listen to others
- handle discord responsibly
- work towards a common goal

Students will be reflective:

- identify own strengths and struggles
- articulate value and passions
- set goals and monitor them
- accept feedback and act on it

Students will demonstrate grit:

- use failure as opportunity for next steps
- demonstrate firmness of spirit or belief
- demonstrate ability to stay the course

Students will demonstrate wellness:

- understand and evaluate personal health risks
- regulate emotions
- demonstrate self-compassion